Voting With a Disability

Voters with disabilities have the right to receive assistance and to vote privately and independently whenever possible:

- Any assistance provided should reflect the voter's choices and preferences, and that caregivers should not influence voting decisions
- Maintain voter privacy and confidentiality throughout the process

Whether assisting someone voting absentee or in person ask the voter what accommodations they may need:

- [ ] reading materials aloud
- [ ] providing extra time
- [ ] using other communication supports

⚠️ Every person, including those with cognitive disabilities, has the right to vote as long as they can communicate their choices ⚠️



Resources

Disabillity Rights Center NH

Able NH

Future in Sight

Scan to check your voter registration & absentee ballot status:

*This guide was created by **Open Democracy**, a non-partisan, non-profit organization representing 38,000 voters across New Hampshire.*

*You can learn more about voting in NH and find additional resources by visiting **opendemocracynh.org** or contacting us at **info@opendemocracy.me** or **(603)-715-8197.***

Open Democracy
AN EQUAL VOICE FOR ALL

Voting as a Caregiver or Legal Guardian

Primary Election:
September 8, 2026
General Election:
November 3, 2026

This guide breaks down everything you need to know **as a caregiver or legal guardian assisting in voting** in New Hampshire elections, making it easy to understand the process and cast your ballot with confidence.

Created by Open Democracy NH

Voter Checklist for Caregivers and Legal Guardians

Are you a caregiver or legal guardian helping a voter with a disability?

- [ ] Is the voter registered? Help them check their registration status. Scan the QR code on the resources page to find out!
- [ ] If the voter can't fill out their own ballot, then mark as instructed by the voter and sign the section on the smaller envelope to attest that you've done so
- [ ] You may act as the Delivery Agent to return the ballot

⚠️ **Visit this website for absentee ballot marking and mailing instructions:** ⚠️

https://www.sos.nh.gov/elections/absentee-ballots

Even if the voter fills out their own ballot, you might still qualify as a Delivery Agent. Are you:

- [ ] a spouse, parent, sibling, child, grandchild, father-in-law, mother-in-law, son-in-law, daughter-in-law, stepparent, stepchild

OR

- [ ] a designated staff member of a licensed facility?

How to vote absentee in NH:

sos.nh.gov/elections/absentee-ballots

Find my NH polling place:

APP.SOS.NH.GOV/VOTERINFORMATION

What is a Delivery Agent?

Someone who helps a voter return their absentee ballot safely and on time. This can be:

- a nursing home or residential care facility administrator or designated staff member
- someone who helped a blind voter or voter with a disability and signed the affidavit envelope
- the spouse, parent, sibling, child, grandchild, in-law, stepparent, or stepchild of an absentee voter

A delivery agent must show ID and fill out a state form when dropping off a voter's absentee ballot. Ballots brought by delivery agents must be received by the clerk **by 5PM on Election Day**. Delivery agents helping voters with disabilities may deliver up to 4 ballots, unless they're a family member or care facility administrator.

Who Can I Contact With Questions?

- **Secretary of State's Office:** Email: elections@sos.nh.gov, Phone: (603)-271-3242
- **Attorney General's Office** Email: attorneygeneral@doj.nh.gov, Phone: (603) 271-3658

